

Number of NEISS records found in database: 64

YOGA - CALENDAR YEAR 2010
 NATIONAL ELECTRONIC INJURY SURVEILLANCE SYSTEM (NEISS)
 U.S. CONSUMER PRODUCT SAFETY COMMISSION
 NATIONAL INJURY INFORMATION CLEARINGHOUSE

10:01 Thursday, January 12, 2012

*PRODUCT 3299 EXERCISE (ACTIVITY OR APPAREL, W/O EQUIP

TR_DATE	AGE	SEX	DIAG	BDYPR	DIS	LOC	F/A	OCC	PRD2	3RD	COMMENT
100104	037	F	ST/SP	WRIST	1	9	0	2	0000	.	37 YOF WAS DOING YOGA AND FELL OUT OF A POSE AND INJURED WRIST. DX WRIST SPRAIN
100111	030	F	ST/SP	WRIST	1	9	0	2	0000	.	30YOF INJURED (R) WRIST DURING "YOGA" CLASS, HAS PAIN W/ MOVEMENT DX :# SPRAIN (R) WRIST
100115	066	F	ST/SP	L/TRK	1	9	0	2	0000	.	66YOF BEGAN TAKING YOGA CLASSES AND DEVELOPED PAIN IN LOWER BACK STRAIN ED BACK
100118	062	F	ST/SP	L/TRK	1	9	0	2	0000	.	62YOF HISTORY OF BACKPAIN PHYSICIAN TOLD HER TO TAKE A YOGA CLASS - AFTE R YOGA- PAIN ACTUALLY GOT WORSE STRAINED LOWER BACK
100118	056	M	N-DMG	L/TRK	1	9	0	2	0000	.	56YOM TOOK A YOGA CLASS AND DEVELOPED SEVERE PAIN IN LOWER BACK SCIATIC A
100121	063	F	ST/SP	L/TRK	1	0	0	2	0000	.	63YOF STARTED DOING YOGA, HAS NOT DONE IT IN 2 YRS, HAS NOTED BACK PAIN THAT IS WORSE THAN USUAL. DX - LOW BACK STRAIN
100125	017	F	OTHER	N/S	1	9	0	2	0000	.	17YOF WAS DOING BIKRAM YOGA AND HAD A SYNCOPE X2 C/O NAUSEA.DX:VASOVAGA L SYNCOPE,ANEMIA
100126	024	F	ST/SP	L/TRK	1	9	0	2	0000	.	24YOF STRAINED LOWER BACK DURING A YOGA CLASS
100201	034	M	ST/SP	L/TRK	1	1	0	2	0000	.	54 YOM HAD PX WHILE DOING YOGA 3 DAYS AGO.
100205	033	F	ST/SP	L/TRK	1	9	0	2	0000	.	DX: R GLUTEUS STRAIN.
100210	049	F	OTHER	N/S	1	9	0	2	0000	.	33YOF C/O RT HIP PAIN AFTER DOING YOGA MOVE/ RT GROIN STRAIN
100217	028	M	LACR	FACE	1	9	0	2	0000	.	49YOF PASSED OUT AT THE GYM PT WAS DOING YOGA NEXT THING SHE KNEW SHE LANDED ON THE GROUND DX: ORTHOSTATIC SYNCOPE
100308	030	F	ST/SP	NECK	1	9	0	2	0000	.	28 YOM WAS HIT WITH A KNEE WHILE DOING YOGA. DX EYEBROW LAC FELL AT YOGA CLASS 30 YO F MINOR HEAD INJURY NECK STRAIN #
100314	011	M	FRACT	L/ARM	1	1	0	2	0000	.	11YOM DOING "YOGA" HEAD STAND & FELL ONTO (L) WRIST DX;* (L) RADIUS FX
100323	031	F	ST/SP	U/TRK	1	0	0	2	0000	.	31 YOF STRETCHING DURING YOGA AND FELT BACK POP
100324	053	F	OTHER	U/TRK	1	9	0	2	0000	.	THORACIC SPINE SPRAIN
100329	058	F	FRACT	U/TRK	1	9	0	2	0000	.	53 Y FEMALE DEVELOPED CHEST PAIN AFTER DOING YOGA
100329	051	F	OTHER	L/TRK	1	0	0	2	0000	.	58YOF INJURED (L) RIBS IN :YOGA" CLASS DX;* RIB FX
100331	028	F	ST/SP	NECK	1	9	0	2	0000	.	51 YOF INJURED HIP DOING YOGA. DX-RIGHT HIP BURSTITIS, IT BAND SYNDROME
100408	024	F	OTHER	U/TRK	1	9	0	2	0000	.	28YO BLACK FEMALE IN A DOWN SYNDROME PROGRAM DOING YOGA,FELL,HITBACK OF HEAD,C/O BACK PAIN,NECK PAIN,HEAD PAIN, DX CERVICAL STRAIN
100412	049	F	CT/AB	KNEE	1	1	0	2	0000	.	24 Y FEMALE C/O RIB PAIN AFTER YOGA EXERCISES AT THE GYM
100415	021	F	OTHER	U/TRK	1	5	0	2	0000	.	DX: RIB PAIN
100418	066	M	ST/SP	U/LEG	1	1	0	2	0000	.	49 YOF HAD KNEE PX DURING YOGA.
100423	045	F	HEMAT	U/LEG	1	1	0	2	0611	.	DX: L KNEE SOFT TISSUE INJURY.
100423	045	F	ST/SP	L/TRK	1	9	0	2	1200	.	BACK INJURY-21YOF-PAIN STARTED WHILE DOING EXERCISES-@ YOGA CLASS
100428	014	M	ST/SP	ELBOW	1	8	0	2	0000	.	66 YOM HAS HAD PX FROM DOING "DRUNK YOGA"
											DX: R HAMSTRING STRAIN.
											45YOF, DOSE YOGA&BEEN DOING STRETCHES EARLIER&LATER WHILE TAKING A SHOW ER NOTICED BRUISES ONTO THIGH->HEMATOMA
											45YOF WAS IN YOGA CLASS DOING A MANUEVER DEVELOPED LUMBAR PAIN;LUMBAR S TRAIN
											14YOM PT IN GYM CLASS DOING YOGA MOVES WHEN HE FELL FORWARD ONTO HIS R ELBOW. PAIN IN ELBOW. DX R ELBOW SPRAIN

YOGA - CALENDAR YEAR 2010 SYSTEM (NEISS)
 NATIONAL ELECTRONIC INJURY SURVEILLANCE SYSTEM (NEISS)
 U.S. CONSUMER PRODUCT SAFETY COMMISSION
 NATIONAL INJURY INFORMATION CLEARINGHOUSE

10:01 Thursday, January 12, 2012

*PRODUCT 3299 EXERCISE (ACTIVITY OR APPAREL, W/O EQUIP

TR_DATE	AGE	SEX	DIAG	BDYPR	DIS	LOC	F/A	OCC	PRD2	3RD	COMMENT
100430	044	M	ST/SP	NECK	1	9	0	2	0000	.	44 YOM PRESENT TO ER AFTER EXERCISE DOING YOGA WHEN HE MOVED THE WRONG WAY C/O NECK PAIN- DX- NECK STRAIN
100501	031	M	ST/SP	NECK	1	0	0	2	0000	.	31 YOM HEARD A POP WHILE DOING YOGA. DX: CERVICAL/THORACIC STRAIN-
100501	020	F	ST/SP	L/TRK	1	1	0	2	0000	.	LUMBAR STR. 20 YOF STRAINED BACK WHEN DOING YOGA
100503	052	F	OTHER	U/TRK	1	0	0	2	0000	.	DX BACK PN: 52YOF W/ PMHX CLARIFIES 6MO PN MEDIAL TO R SCAP X BX PER= FORMED INC PN OVER PAST 4D W ONLY ABLE TO DO 1/2 OF YOGA W/U, FELT SOB
100509	036	F	ST/SP	L/TRK	1	9	0	2	0000	.	36 Y FEMALE REPORTS STIFFNESS TO BACK AFTER YOGA CLASS DX: LOW BACK STRAIN
100514	064	M	CT/AB	L/LEG	1	9	0	2	0000	.	64 YR OLD MALE DOING YOGA FOR A FEW DAYS AND BRUISED LOWER LEG
100520	018	F	DISL	SHOUL	1	9	0	2	0000	.	18YOF DOING YOGA CLASS, DISLOCATED SHOULDER DX: SHOULDER DISLOCATION
100601	033	F	ST/SP	U/ARM	1	0	0	2	0000	.	33YOF WHILE DOING YOGA FELT A POP IN RT TRICEPS, DEVELOPED PAIN ; MUSCLE STRAIN TRICEPS
100602	026	M	ST/SP	NECK	1	9	0	2	0000	.	26YOM OLD STRAIN DOING YOGA
100606	041	F	OTHER	L/TRK	4	9	0	2	0000	.	41 YR OLD FEMALE DEVELOPED ABD PAIN AFTER YOGA CLASS
100608	073	M	CT/AB	SHOUL	1	9	0	2	0000	.	73YO WHITE MALE STS LOW BACK PAIN AFTER DOING YOGAWEEK AGO, DX SHOULDER CONTUSION, HYPONATREMIA, HYPOKALEMIA
100610	034	F	ST/SP	ANKLE	1	1	0	2	0000	.	34YOF WAS AT HOME DOING A YOGA POSE, FELL OVER CAUSING A RT ANKLE SPRAIN AND RT KNEE INJURY.
100625	050	F	ST/SP	L/TRK	1	0	0	2	0000	.	50YO HISP FEMALE C/O HIP PAIN & SWELLING STS DID YOGA 2 DAYS AGO, FELT R HIP PAIN THEN 'DX HIP STRAIN
100628	047	M	ST/SP	L/TRK	1	0	0	2	0000	.	47YOM, C/O LBP THAT BEGAN AFTER DOING YOGA&PLAYING WITH THE CHILDREN >>MS
100701	031	M	OTHER	L/TRK	1	9	0	2	0000	.	31 Y MALE C/O LOW BACK PAIN AFTER DOING YOGA
100706	062	F	OTHER	L/TRK	1	9	0	2	0000	.	62 YR OLD FEMALE AT YOGA CLASS AND DEVELOPED SUDDEN ABDOMINAL PAIN
100713	046	F	ST/SP	NECK	1	0	0	2	0000	.	46YOF INJURED RIBCAGE AREA WITH A PULL DURING YOGA, C/O PULSATING PAIN TO LT SHOULDER & DOWN LT ARM. DX - CERVICAL STRAIN
100720	026	M	ST/SP	L/TRK	1	0	0	2	0000	.	26YOM COMPLAINED OF BACK PAIN AFTER DOING YOGA, LUMBAR SPRAIN
100722	026	F	ST/SP	SHOUL	1	0	0	2	0000	.	26 YR OLD FEMALE DOING YOGA AND INJ SHOULDER STRAINING ROTATOR CUFF
100728	029	F	ST/SP	TOE	1	0	0	2	0000	.	29YOMF PT STATES SHE DOES SOME YOGA ACTIVITY & NOTED SOME SWELLING AND REDNESS AFTWARDS. DX. SPRAIN R 2ND TOE, PAIN & SWELLING.
100729	023	F	DISL	KNEE	1	9	0	2	0000	.	23 YR OLD FEMALE AT YOGA BALANCING AND KNEE GOT STUCK DISLOCATING IT
100805	062	F	ST/SP	KNEE	1	9	0	2	0000	.	62YOF, C/O KNEE PAIN THAT SHE NOTICED AFTER YOGA CLASS >>SPRAIN
100820	015	F	I-O-I	HEAD	1	8	0	2	1807	.	15YOF- PT WAS IN GYM CLASS, DOING YOGA FELL ONTO HER HEAD HITTING WOOD FLOOR. DX MILD CHI.
100824	039	F	FRACT	TOE	1	0	0	2	0000	.	39YOF DOING YOGA EXERCISES STRUCK LT FOURTH TOE; TOE FRACTURE
100911	012	M	CT/AB	HAND	1	8	0	2	1200	.	12YOM- PT WAS IN GYM FELL FROM YOGA POSITION PAIN TO LEFT HAND. DX LEFT HAND CONTUSION DUE TO YOGA.
100922	034	F	CT/AB	TOE	1	9	0	2	0612	.	34 YOF CONTUSION TO HER RIGHT FIFTH TOE S/P HER TOE BECAME TWISTED IN HER MAT AT YOGA CLASS

*PRODUCT 3299 EXERCISE (ACTIVITY OR APPAREL, W/O EQUIP

TR_DATE	AGE	SEX	DIAG	BDYPR	DIS	LOC	F/A	OCC	PRD2	3RD	COMMENT
100922	008	F	CT/AB	L/LEG	1	8	0	2	0000	.	8YOF PT DOING YOGA IN GYM CLASS 2 DAYS AGO. INJ HER L LOWER LEG. HAS BR USING. DX L LOWER LEG CONTUSION
101002	071	M	OTHER	ALL	1	0	0	2	0000	.	71 YO M WAS DOING YOGA WHEN HE BEGAN TO FEEL LIGHTHEADED AND HAD PALPIT ATIONS. DX: PRESYNCOPE, NAUSEA AND VOMITING.
101009	056	F	ST/SP	TOE	1	0	0	2	0000	.	56YOF, FELL WHILE DOING YOGA POSE STUBBING GREAT TOE >>SPRAIN
101017	058	F	ST/SP	SHOUL	1	0	0	2	0000	.	58YOF C/O 10-DAY HISTORY OF LT SHOULDER DISLOCATION, PAIN GRADUALLY INCREASED WITH YOGA. DX - LT SHOULDER SPRAIN
101020	014	F	ST/SP	NECK	1	8	0	2	0000	.	14 YOF DX NECK STRAIN - PT C/O NECK PAIN DUE TO DOING YOGA AT SCHOOL.
101022	052	F	ST/SP	WRIST	1	9	0	2	0000	.	52YOF SPRAINED WRIST ELBOW PAIN SLIPPED AND FELL WHILE DOING YOGA AT GY M*
101030	055	F	ST/SP	KNEE	1	0	0	2	0000	.	55 YR OLD FEMALE DOING YOGA INJ KNEE SPRAINING IT
101113	008	M	OTHER	U/TRK	1	0	0	2	0000	.	8YOM HAS CHEST PAIN AFTER DOING YOGA
101115	035	F	OTHER	HEAD	1	9	0	2	0000	.	MUSCULOSKELETAL CHEST PAIN 35 YR OLD FEMALE AT YOGA CLASS DEVELOPED HEADACHE AND MUSCLE SPASMS
101121	052	M	OTHER	L/TRK	1	0	0	2	0000	.	52YOM DOES YOGA EVERYDAY HE COULD NOT STRETCH ALL THE WAY DEVELOPED LOW BACK PAIN;BACK PAIN
101217	024	M	OTHER	U/ARM	1	9	0	2	0000	.	24 Y MALE REPORTS DOING YOGA EXERCISE 2 DAYS AGO IS CAUSING PAIN AND SWELLING TO UPPER ARM
101227	019	F	OTHER	L/TRK	1	0	0	2	0000	.	19YOF W ACUTE LOW BACK THAT DEV WHILE SHE WAS DOING YOGA EXERCISES DX LOW BACK PAIN CONSISTANT W SI JOINT DYSFUNCTION